

# New Programs

## BACK SAFETY...more under Material Handling - Manual

### **V398 A BIT ABOUT BACKS: MODULE 1: BACK BASICS**

(1/2" VHS 12 min. Color 1993 1 videocassette Instructor guide Employee handbook)

Based on the premise that with knowledge people can make the choices that will help in back injury prevention. Module opens and closes with a brief comedy club act that highlights humorous aspects of back injury and care. This section covers the elements of the back, the "power position" of the spine, the cumulative nature of back injuries and the 24-hour-a-day risks at home, work, and recreational activities. – Comprehensive Loss Management, Inc.

### **V399 A BIT ABOUT BACKS: MODULE 2: RISK FACTORS**

(1/2" VHS 13 min. Color 1993 1 videocassette Instructor guide Employee handbook)

Module opens and closes with a brief comedy club act that highlights humorous aspects of back injury and care. Until something goes wrong, most people don't think that there's anything we need to prevent, such as back injury. This module presents some risk factors that can lead to back injury, such as position, force, repetition, stress, physical condition and smoking. – Comprehensive Loss Management, Inc.

### **V400 A BIT ABOUT BACKS: MODULE 3: PREVENTION STRATEGIES**

(1/2" VHS 15 min. Color 1993 1 videocassette Instructor guide Employee handbook)

Module opens and closes with a brief comedy club act that highlights humorous aspects of back injury and care. Choices that will help to prevent back injuries are presented to the audience in the following areas: sleeping, sitting, standing, lifting, and warming up and stretching. – Comprehensive Loss Management, Inc.

## FORKLIFT SAFETY...more under Powered Industrial Trucks

### **DVD 57 FORKLIFT SAFETY: BASIC ORIENTATION**

(13 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
Provides information on the various types of forklifts, common hazards found during their use, basic controls and features, how forklift trucks work and what to do before you drive a lift truck. – Summit Training Source.

### **DVD 58 FORKLIFT SAFETY: BEST OPERATING PRACTICES**

(14 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
This program briefly covers safe lift truck driving skills, including how to safely work around people, handling loads, and common driving hazards found in the work environment. – Summit Training Source.

### **DVD 59 FORKLIFT SAFETY: REFUELING PROCEDURES**

(12 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
General guidelines are provided in how to refuel lift trucks safely, including electric and fuel powered lift trucks. In addition, some preventive maintenance tips to keep the truck running smoothly are also presented. – Summit Training Source.

## **JOB SAFETY ANALYSIS...more under Supervisor Training**

### **V397 JOB SAFETY ANALYSIS**

(1/2" VHS 11 min. Color 2002 1 videocassette Training course manual)

A job safety analysis (JSA) is a tool that helps people to logically examine a particular job or task so that all the hazards associated with that particular job can be identified and assessed and when necessary, suitable control measures can be determined. The aim of a job safety analysis is to document how a particular job should be done safely. Subjects covered in this program include: how a three-step JSA is performed using the form, how to break down a job into its basic steps, hazard identification and assessment, hazard controls and safe work methods, and the benefits that result from the processing of conducting JSA's. Also contains an example (changing a tire) of how a JSA is conducted. – SafetyCare.

## **LOADER SAFETY...more under Equipment Safety**

### **V393 LOADER SAFETY & TRAINING #1: INTRODUCTION**

(1/2" VHS 19 min. Color 1993 1 videocassette)

This video, primarily for operators and mechanics, provides an overview of track and rubber-tire loader uses, concerns and general operation, laying the groundwork for videos #2, 3, and 4. Having the knowledge and skill in fundamentals, forces, principles, techniques and procedures will help in the understanding of loader operations. Some of the topics covered are the commonly used terms of loader operation, the variety of loader uses, start up and shut down procedures, importance of reading the owner's manual, and critical aspects of transmission and brakes. – Equipment Training Resources.

### **V394 LOADER SAFETY & TRAINING #2: MAINTENANCE**

(1/2" VHS 18 min. Color 1993 1 videocassette)

This video is designed to create an in-depth understanding of the loader by breaking it down into its main components and systems (e.g. transmission, cooling system, engine, brakes) and providing some general maintenance requirements. Daily maintenance (greasing, fluid levels and pre-operation procedures) is emphasized and preventative maintenance is covered with greasing tips and procedures, and methods of keeping contamination out of the oil, fuel, and air supply. – Equipment Training Resources.

### **V395 LOADER SAFETY & TRAINING #3: SAFETY**

(1/2" VHS 18 min. Color 1993 1 videocassette)

Presents the common types of loader accidents, including the most frequent that occurs when getting on and off the loader and prevention methods. Areas covered include the use of safe clothing, safety systems, lock out, safety devices, operator safety, the importance of the pre-operation check and how to carry it out and general site safety. – Equipment Training Resources.

### **V396 LOADER SAFETY & TRAINING #4: OPERATING TECHNIQUES**

(1/2" VHS 18 min. Color 1993 1 videocassette)

The video explains the fundamentals and forces involved in the operation of loaders. These include: penetration of a wedge [e.g. bucket's cutting edge], driving force, weight, traction, friction, and power. Specific topics covered include: poor operating techniques, bucket use principles and techniques, bucket loading techniques. – Equipment Training Resources.